

# Autumn/Winter 2017 Menu

## Week 1

## Week 2

## Week 3

Monday

Main  
Side  
Dessert

Sausage Mash & Gravy or Jacket Potato  
Cheese or Tuna Mayo  
Baked Beans  
Pear Sponge & Custard

Cheese & Onion Pie With Spicy Wedges or  
Tuna Pasta Bake with Garlic Bread  
Baked Beans or Sweetcorn  
Flapjack or Oaty Biscuits with Apple Wedges



Pizza Margarita or BBQ Chicken Breast  
Pommes Noisettes Diced Carrots & Peas  
Chocolate Semolina or Sponge with Mandarin Oranges

Tuesday

Main  
Side  
Dessert

Chicken Korma, Rice & Pitta Bread or Herbie  
Spaghetti with Garlic Bread  
Garden Peas  
Biscuit & Milkshake or Fruit Jelly



Yorkshire Puds with Minced Steak & Gravy or  
Salmon Fillet with Parsley sauce  
Mashed Potatoes & Broccoli  
Chocolate & Banana Muffins & Milkshake



Chicken Pie & Mashed Potato or Baked Bean  
Lasagne  
Broccoli  
Biscuit & Milkshake or Jelly & Fruit

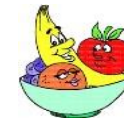
Wednesday

Main  
Side  
Dessert

Minced Beef Cobbler or Fishcakes with Roast  
Potatoes  
Broccoli  
Chocolate Sponge & Chocolate Sauce



Roast Chicken Stuffing & Gravy or Macaroni  
Cheese  
Roast Potatoes Green Beans Carrots  
Iced Sponge Cake



Roast Beef Yorkshire Pud & Roast Potatoes or  
Pasta Bows Tomato & Basil Sauce & Cheese  
Buttered Cabbage & Peas  
Paris Sandwich (Jam Shortcake) & Custard

Thursday

Main  
Side  
Dessert

Cheese & Sweetcorn Pizza or Hot Beef Paninis  
Herby Diced Potatoes & Carrot Batons  
Rice Pudding with Jam or Sultanas

Curried Beef, Basmati Rice & Naan Bread or  
Cheese & Tomato Pizza with Jacket Potato  
Peas & Sweetcorn  
Apple Crumble & Custard or Fruit Jelly

Chicken Tikka Masala Rice & Naan Bread or  
Fishwich & Herby Diced Potatoes  
Sweetcorn & Broccoli  
Canadian Ginger Sponge & White Sauce

Friday

Main  
Side  
Dessert

Battered Fish & Chips or Quorn Meatballs in  
Tomato Sauce with Penne Pasta  
Peas or Baked Beans  
Ice Cream with A Slice of Melon



Fish Fingers with Chips or Quorn Chilli with  
Rice & Nachos  
Baked Beans Broccoli  
Ice Cream or Frozen Yoghurt with Orange  
Wedges

Burger on a Bun or Cheese & Onion Quiche  
Chips Pasta Twirls Baked Beans  
Ice Cream Roll & Fresh Fruit Salad

## Week 1

## Week 2

## Week 3

Served Daily : Filled Jacket Potato \* Sandwiches \* Bread \* Salad Bar \* Yoghurts \* Fresh Fruit

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30	31				27	28	29	30							29	30	31			26	27	28			26	27	28	29	30	
October					November					December					January					February					March					