

Autumn/Winter 2017 Menu

Week 1

Monday

Main
Side
Dessert

Sausage Mash & Gravy or Jacket Potato
Cheese or Tuna Mayo
Baked Beans
Pear Sponge & Custard

Tuesday

Main
Side
Dessert

Chicken Korma, Rice & Pitta Bread or Herbie
Spaghetti with Garlic Bread
Garden Peas
Biscuit & Milkshake or Fruit Jelly

Wednesday

Main
Side
Dessert

Minced Beef Cobbler or Fishcakes with Roast
Potatoes
Broccoli
Chocolate Sponge & Chocolate Sauce

Thursday

Main
Side
Dessert

Cheese & Sweetcorn Pizza or Hot Beef Paninis
Herby Diced Potatoes & Carrot Batons
Rice Pudding with Jam or Sultanas

Friday

Main
Side
Dessert

Battered Fish & Chips or Quorn Meatballs in
Tomato Sauce with Penne Pasta
Peas or Baked Beans
Ice Cream with A Slice of Melon

Week 1



Week 2

Cheese & Onion Pie With Spicy Wedges or
Tuna Pasta Bake with Garlic Bread
Baked Beans or Sweetcorn
Flapjack or Oaty Biscuits with Apple Wedges

Yorkshire Puds with Minced Steak & Gravy or
Salmon Fillet with Parsley sauce
Mashed Potatoes & Broccoli
Chocolate & Banana Muffins & Milkshake

Roast Chicken Stuffing & Gravy or Macaroni
Cheese
Roast Potatoes Green Beans Carrots
Iced Sponge Cake

Curried Beef, Basmati Rice & Naan Bread or
Cheese & Tomato Pizza with Jacket Potato
Peas & Sweetcorn
Apple Crumble & Custard or Fruit Jelly

Fish Fingers with Chips or Quorn Chilli with
Rice & Nachos
Baked Beans Broccoli
Ice Cream or Frozen Yoghurt with Orange
Wedges

Week 2



Week 3

Pizza Margarita or BBQ Chicken Breast
Pommes Noisettes Diced Carrots & Peas
Chocolate Semolina or Sponge with Mandarin
Oranges

Chicken Pie & Mashed Potato or Baked Bean
Lasagne
Broccoli
Biscuit & Milkshake or Jelly & Fruit

Roast Beef Yorkshire Pud & Roast Potatoes or
Pasta Bows Tomato & Basil Sauce & Cheese
Buttered Cabbage & Peas
Paris Sandwich (Jam Shortcake) & Custard

Chicken Tikka Masala Rice & Naan Bread or
Fishwich & Herby Diced Potatoes
Sweetcorn & Broccoli
Canadian Ginger Sponge & White Sauce

Burger on a Bun or Cheese & Onion Quiche
Chips Pasta Twirls Baked Beans
Ice Cream Roll & Fresh Fruit Salad

Week 3

Served Daily : Filled Jacket Potato * Sandwiches * Bread * Salad Bar * Yoghurts * Fresh Fruit

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					6	7	8	9	10	4	5	6	7	8	8	9	10	11	12	5	6	7	8	9	5	6	7	8	9
					13	14	15	16	17	11	12	13	14	15	15	16	17	18	19						12	13	14	15	16
					20	21	22	23	24	18	19	20	21	22	22	23	24	25	26	19	20	21	22	23	19	20	21	22	23
30	31				27	28	29	30							29	30	31			26	27	28			26	27	28	29	30
October					November					December					January					February					March				