

Autumn Winter 2018-19

Week 1

Week 2

Week 3

Monday

Main
Side
Dessert

Fish Fingers with Potato Rosti or Quorn Chilli with 50/50 Rice Peas
Cucumber Salad
Vanilla Sponge & Custard

Sausages, Yorkshire Pudding & Gravy or Tuna & Rice Casserole
Seasoned Wedges
Sweetcorn
Chocolate Cake & Chocolate Sauce



Chicken Pie, Gravy & Baked Potato or Macaroni Cheese
Baby Carrots & Peas
Jam Sponge & Custard

Tuesday

Main
Side
Dessert

Beef & Pasta Casserole with Garlic Bread or Cheese & Onion Pie & Crispy Dice Potatoes
Baked Beans
Broccoli
Frozen Yoghurt with Banana



Baked Honey Chicken with 50/50 Rice or Quorn Meatballs in Tomato Sauce
Pasta Twirls
Broccoli
Homemade Blueberry Muffin

Cook's Choice of Pizza or Caribbean Casserole
Herby Diced Potatoes
Peas
Fruity Flapjack

Wednesday

Main
Side
Dessert

Roast Chicken, Gravy & Mashed Potatoes or Pasta Roma
Baton Carrots & Peas
Homemade Cookies or Rice Pudding with Sultanas



Potato & Meat Pie with Red Cabbage or Creamy Vegetable Tagliatelle
Sliced Carrot
Cheese & Biscuits or Shortbread



Chicken Tikka Masala & 50/50 Rice or Herbie Spaghetti & Garlic Bread
Sweetcorn
Chopped Salad
Chocolate Semolina with Mandarin Oranges

Thursday

Main
Side
Dessert

Braised Lamb Hotpot with Beetroot or Cheesy Jackets with Curried Beans
Cauliflower
Broccoli
Green Salad
Oaty Berry Crumble & Custard



Mexican Chilli Beef Tacos with Rice or Lentil Bolognese with Spaghetti
Peas
Iced Apple Squares with Custard



Roast Beef Yorkshire Pudding & Gravy or Battered Fish
Roast Potatoes
Broccoli
Raspberry Yoghurt Sponge & Custard

Friday

Main
Side
Dessert

Pizza Margarita or Steamed Salmon with Parsley Sauce
Oven Chips or Penne Pasta
Peas
Sweetcorn
Ice Cream Roll with Fresh Fruit Wedges



Cheeseburger & Ketchup or Omelette
Oven Chips
Baked Beans
Ice Cream Tubs with Melon Slices

Served Daily : Filled Jacket Potato * Sandwiches * Bread * Salad Bar * Yoghurts * Fresh Fruit

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October					November					December					January					February					March					April				